

Ascension of the Lord

May 21, 2023

Real Presence In Our Relationship With Others

Eucharist brings us to this sacred and holy place where we dare to live beyond ego, beyond fears, beyond vanity, beyond death. It's where we dare to let others see and touch our brokenness and we love them in theirs. To receive Eucharist takes time. To participate in Eucharist takes openness. But to become Eucharist—to see Christ in others and to be Christ to others—well, that takes courage.

A life of Eucharist—through which we willingly offer the gift of self, break ourselves open, pour ourselves out, and share ourselves with one another—brings an experience of real presence to our relationships. Is this not what we experience in marriage? Parenthood? Meaningful relationships?

Living with Real Presence: Eucharist As An Approach to Life
S. James Meyer, 23rd Publications

Questions to Ponder:

Who in your life has provided you with a tangible example of The Good Samaritan, doing good for others—especially without any expectation of a reward or recognition?

How have you been Christ to another person? How has another person been Christ to you?

What are some tangible ways in which you can begin to live your life more from the inside-out than from the outside-in?

Lectio Divina: Read Luke 24:13-35

That very day, the first day of the week, two of Jesus' disciples were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him.

What word or phrase from this Scripture passage most resonates with you?

How will this reading shape your life this week as you continue your Easter journey?

Challenge for the Week: Commit to a tangible way this week to pour yourself out, to help someone in need. Take note during this time what it feels like to live from the inside-out rather than the outside-in. Bring this moment to the Eucharist this week and give thanks to God for such opportunities.