

Trinity Sunday

June 4, 2023

Real Presence In Our Relationship With Creation

Peace be with you, Jesus said when he entered the upper room. Peace be with you we say before sharing Eucharist. The peace of real presence—this is where we find our holy communion, our sacred unity with God, neighbor, and all creation now and forever.

When we are able to live in communion with God, with self, with others, with society, and ultimately with all of creation, we are able to live in peace, harmony, and love. The gift of Eucharist opens our eyes and our hearts to this reality, not only as a future heaven, but as the real presence on earth as it is in heaven. Jesus, of course, understood this. He also understood that this holy communion is not something we can know intellectually, it is something we are blessed to engage experientially.

Do this in memory of me.

Living with Real Presence: Eucharist As An Approach to Life
S. James Meyer, 23rd Publications

Questions to Ponder:

Where is a place in nature that you most experience a sense of the holy, of God? Describe why:

What do you do, or where do you go, when you need to seek peace and harmony with yourself, with others, with creation and with God?

How can you engage deeper thinking so as to see the Communion wafer used at Mass as real bread, which is the Body of Christ? The word used to describe this is transubstantiation.

Lectio Divina: Read John 20:1-9

On the first day of the week, Mary of Magdala came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb. So she ran and went to Simon Peter and to the other disciple whom Jesus loved, and told them, "They have taken the Lord from the tomb, and we don't know where they put him."

What word or phrase from this Scripture passage most resonates with you?

How will this reading shape your life this week as you begin your Easter journey?

Challenge for the Week: Intentionally bring a gift to the Eucharist this week for offertory. Yes, some money perhaps, but also the thoughts and memories of how you have used your God-given gifts, talents, and time for a family member, friend, neighbor, or co-worker.