

## Third Sunday of Lent

March 12, 2023

### Real Deep

*Western religions in general have a pattern of taking a very deep and profound spirituality, one that requires an entire lifetime to grow into, and dilute it down to a level a seven-year-old can understand. And then we never grow it back up.*

*When it comes to religion, we still talk to fully grown, well-educated adults like they're eight-year-olds who are incapable of cutting their own pork chops or understanding that babies don't come from storks? Why do we do this? We simplify deep and profound spiritual truths to mere pablum and then wonder why no one listens.*

*Most people seek depth, meaning, insight, and connection, but not a superficial connection. They long for a profound connection with truth, love, and joy, which is exactly the sort of connection Eucharist could/should facilitate.*

*Living with Real Presence: Eucharist As An Approach to Life*  
S. James Meyer, 23rd Publications

### Questions To Ponder:

Can you describe the images of God you held when you were 7 or 8 years old? How does that compare to your images or understanding now?

How has your understanding of the Eucharist changed since you were a child preparing for your First Communion?

How do you experience the Eucharist as a profound connection with truth, love, and joy?

### Lectio Divina: Read John 4:5-42

*Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon. A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?"*

What word or phrase from this Scripture passage most resonates with you?

How will this reading shape your life this week as you continue your Lenten journey?

### Challenge for the Week:

Visit the web page sponsored by the United States Conference of Catholic Bishops at <https://usccb.org/eucharist> for resources regarding the Eucharist to deepen your understanding of the meaning of this Sacrament as well as the sacramental way of viewing the world.